

MATHOURA BOWLING CLUB



Coaching/Training Times (Thursdays 4.30 pm – 6.00 pm)

NOTE: No club games are to be played during this time, it is for Pennant training and coaching only.)

The Club has a coaching team led by a Coordinator whose job it is to manage and plan skill-based coaching for those who seek it. A team of players acting as coaches and mentors for new players will be assigned to those who seek to improve their bowling skills.



Official club training will be on a Thursday beginning at 4.30pm and concluding at 6.00pm. Bowlers may choose to train earlier or later. Three (3) rinks will be set up from 1.00pm to 6.00pm each training session for coaching and individual practice, with a focus on skills, strategies and team roles. Laminated training drill sheets and training equipment will be in the box next to the mats. Times for group coaching sessions will be advertised as well. If you don't want to utilise this opportunity that's your choice. Just practise as per normal!

Please note that anyone who can offer skill development or ideas relating to all things coaching is encouraged to contact the Coaching Coordinator to discuss your offerings.

Feel free to train on any day of the week except Mondays when greens are closed. Not before 11.00am please!